



SOUTHWEST OHIO YMCA SWIM LEAGUE SECTIONAL CHAMPIONSHIPS

March 6, 7, 8, 2009

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1. LOCATIONS AND TIMES

South Sectional:North Sectional:Central Sectional:M. E. LyonsSpringfield YMCACountryside YMCA8108 Clough Pike300 S. Limestone St.1699 Deerfield RdCincinnati, Ohio 45230Springfield, OH 45502Lebanon, OH 45036(513) 474-1400(937) 323-3781513-932-1424

Blue Ash Auglaize Mercer Clinton County
Clermont County Beavercreek Coffman
Gamble Nippert Darke County Countryside
M E Lyons Hilliker Great Miami Va

M E Lyons Hilliker Great Miami Valley
Powel Crosley Kleptz Lakota Family
R C Durr Sidney Miami County
Highland Springfield Middletown
Tecumseh South Family

Union

FRIDAY EVENING: Warm-Up: 5:00 PM
Meet: 6:00 PM

SATURDAY AND SUNDAY AM SESSIONS: 11 & 12, 13 & 14, 15 & Over, and Senior

(Morning Sessions: Open Warm-up) Warm-ups: 6:30 AM
Most Starte: 8:00 AM

Meet Starts: 8:00 AM

SATURDAY AND SUNDAY PM SESSIONS: 8 & Under, and 9 & 10

(Afternoon Sessions: Assigned Warm-up)

Warm-ups:
No earlier than 1:00 PM
Meet Starts:
No earlier than 2:00 PM

NOTE: REVIEW GUIDELINES FOR WARM-UP PROCEDURES AND LOCKER ROOM/BUILDING BEHAVIOR WITH YOUR SWIMMERS!!

- NO SHAVING WILL BE PERMITTED AT THE MEET SITE.
 Willful disregard of this rule will result in ejection of the offender from the meet.
- SNACKS ARE NOT PERMITTED IN THE TEAM AREA.
- THERE IS NO FOOD OR BEVERAGE ALLOWED IN NATATORIUM.
- A CONCESSION AREA IS AVAILABLE.
- NO COOLERS ARE TO BE CARRIED INTO THE BUILDING.
- NO DECK CHANGING. THE PENALTY WILL BE EJECTION FROM THE MEET!

2. ORDER OF EVENTS

All events are timed finals.

The attached Order of Events will be followed.

3. ELIGIBILITY

A swimmer must be a member of the YMCA they represent for a minimum of 90 days prior to the Championship i.e., since December 1, 2008.

During the current Short Course season (September 1, 2008 through April 6, 2009), a swimmer may not swim in open competition representing any team other than the YMCA they are representing in this Championship.

A swimmer must have competed in three (3) Southwest Ohio YMCA Swim League inter-association meets in the current Short Course season (prior to the entry deadline) to be eligible to swim in this Championship Meet.

Swimmers and teams must meet all requirements outlined in the Southwest Ohio YMCA Swim League "Rules and Regulations for Competitive Swimming Meets", issued September 1995.

Coaches must have their Deck Passes visibly displayed to be on deck during this Championship Meet.

ADAPTIVE SWIMMING

Swimmers with a disability are welcome to enter this meet. At the time of the entry, the coach or person entering the swimmer must alert the Meet Director, the Ohio Adapted Chair and the Meet Referee regarding the nature of the swimmer's disability, the swimmer's classification (if classified) and special accommodations or seeding arrangements being requested.

4. SANCTIONS

The Sectional Championship Meet is sanctioned by the National YMCA Competitive Swimming and Diving Advisory Committee. Sanction numbers:

Springfield; CAQ 08-09-5077 M. E. Lyons: CAQ 08-09-5069 Countryside: CAQ 08-095065

5. VERIFICATION OF PARTICIPATION AND PROOF OF TIMES

Proof of participation in 3 interassociation meets is required. This proof must be submitted along with the entries. Proof is obtained by using your team manager and printing the file showing your swimmers best times. This file can be saved and sent via email to the entry chairperson. If there are questions the entry chairperson may ask for all times for a specific swimmer.

Any coach may challenge the participation of any swimmer by filing protest with the Meet Committee and posting a \$5.00 fee. This protest must be filed prior to the beginning of the day's competition. The fee will be returned only if the protest is won.

6. ENTRIES

All times must have been achieved after March 1, 2008.

All entries must be submitted via e-mail or disk from Hy-tek Team Manager or Easy Team. If submitted by e-mail be sure to make the e-mail subject your team code plus "YMCA Sectional Entries". Entry fees are to be mailed to the entry chairperson and should be received before the completion of the meet.

NOTE: Be sure to include all swimmers' names that will be swimming in <u>relays only.</u> Relay swimmers that must be added at the meet will result in an additional \$5.00 charge.

To enter Senior events, a swimmer must be at least 12 years of age as of the first day of the YMCA Short Course Nationals, i.e., April 6, 2009.

A swimmer must swim in his/her age group for individual events. A swimmer may swim up in any age group(s) for relays.

To enter a given event, a swimmer must NOT have achieved a "AA" qualifying time during the current Short Course season for that event (before the entry deadline).

Swimmers, 8 & under, who have achieved four (4) or more "AA" qualifying times during the current Short Course season may NOT be entered in the Sectional Championship Meet in individual events.

Swimmers, 9 & over, who have achieved six (6) or more "AA" qualifying times during the current Short Course season may NOT be entered in the Sectional Championship Meet in individual events.

Each swimmer, 8 and under is allowed to enter no more than four (4) Age Group individual events over the three day period.

Each swimmer, 9 and over can enter up to six (6) individual events over the three day period.

A swimmer can swim a maximum of one (1) Age Group medley relay and one (1) Age Group freestyle relay. Participation in Senior Relays is unlimited provided the swimmer is age 12 the first day of Short Course Nationals.

Team entries for Age Group relay events are unlimited. However, only the A, B, and C relays per team per event can score and qualify for awards. D, E, etc. relays will not be scored or awarded under ANY circumstances, including disqualification of the team's A, B, or C relays.

WE WILL NOT ACCEPT "NT" ENTRIES FOR INDIVIDUAL EVENTS.

Deck entries:

Deck entries will not be accepted at any SWOYSL championship meet. Exceptions are as follows:

<u>Exception 1:</u> A swimmer, who is not entered or incorrectly entered by the fault of the meet entry chairperson, may be properly placed in the appropriate events.

Exception 2a: A swimmer, otherwise qualified, who was mistakenly not entered by his/her entry chairperson, may be deck entered up to **24 hours before the beginning of the meet**, provided he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge to the meet host. The coach is the only one who may make these changes.

Exception 2b: Coaches may add an event to a swimmer already entered in the meet (**same 24 hour notice required**) provided it is not over the entry limit and he/she pays the appropriate entry fee plus a \$25.00/swimmer processing charge. They may not exchange events.

7. ENTRY DEADLINE

Entries must be submitted by e-mail or mailed entry disk for Hy-Tek Team Manager or Easyteam:

All entries submitted must be received by the Entry Chairperson by 7:00 PM on Monday, March 2, 2009.

E-Mail your entries to the appropriate entry chairperson. If submitted by e-mail be sure to make the e-mail subject your team code plus "YMCA Sectional Entries". Entry checks should also be mailed to the same person.

SPRINGFIELD:	COUNTRYSIDE:	M. E. LYONS:
Toby Boedeker	Claudia Multer	Richard Tomkins
Beavercreek YMCA	Hamilton West YMCA	M E Lyons YMCA
560 Grange Hall Rd.	1075 Oakmont Avenue	2782 Turnkey Court
Beavercreek, OH 45430	Hamilton, OH 45013	Cincinnati, OH 45244
937-426-7857	513-863-6298	513-232-5060
tboedeker@woh.rr.com	claudiam@one.net	richardtomkins@fuse.net

If fees are not received by the first day of the meet the coach will be required to write a personal check to cover the fees. The check will be held until the YMCA check is received.

8. MEET RULES

Except for those stated in this document and outlined in the Southwest Ohio YMCA Swim League "Rules and Regulations for Competitive Swimming Meets", issued September 1995, the current USA Swimming Rules will govern this meet.

Positive check-in is required for all swimmers entered in the 400 IM, 500 freestyle and the 1000 freestyle. This must be done no later than 30 minutes before the start of the session in which they are swum. This check-in can be performed at the check-in table.

All age group events will be pre-seeded to ensure a minimum of three (3) swimmers in all heats. However, an entire event will NOT be re-seeded to maintain this minimum should there be scratches and/or no-shows. Combining of heats where the opportunity arises may be performed at the discretion of the Meet Committee and/or deck referees.

Swimmers entering the warm-up/warm-down pool must enter FEET FIRST WITH ONE HAND IN CONTACT WITH THE POOL WALL/DECK at the STARTING BLOCK END ONLY.

9. SCORING

Individual Events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 for first through sixteenth place

Relay Events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2 for first through sixteenth place

Remember: Only the A, B, and C relays per team per event can score. D, E, etc. will not be scored under ANY circumstances, including

Disqualification of the team's A, B, or C relays.

10. AWARDS

Individual Events:

Medals 1st through 8th place Ribbons 9th through 16th place

Relay Events:

Medals 1st through 4th place

Double Ribbons5th through 8th place

Ribbons 9th through 16th place

Team:

Banner 1st place

Plaque 2nd and 3rd place

11. ENTRY FEES

Individual Events: \$4.00 per event. Relay Events: \$16.00

12. REQUIRED YMCA WORK ASSIGNMENTS

The number of swimmers entered by each team determines the required YMCA work assignments. (We are using last year's numbers to expedite the official's list.) All YMCAs must provide the assigned officials/workers as designated by the Meet Committee. Failure to provide all of the assigned officials/workers for any session of this meet will disallow that team's swimmers from further participation in the meet. Should this situation occur, no entry fees will be returned.

A member of the Meet Committee will prepare the officials/workers assignment list and forward it to each team approximately 60 days in advance of the Championship. Except for Warm-up Monitors, all meet workers must check in at the official's room when arriving at the meet and at least 45 minutes ahead of the meet start time for each session. Warm-up Monitors must check in at least 10 minutes ahead of the warm-up start time for each session.

All meet officials (referee, starter, stroke and turn judges, timers, etc.) must be dressed in white uniforms and have their certification patch clearly visible. Officials working as referee, starter, stroke or turn judge must have attended the update clinic and display the new officials patch to work championships.

Substitutes/alternates for the various officials/workers positions are allowed, provided that the position's instructions are reviewed with the person and that the Deck Referee is notified of the change.

IT IS NOT THE DUTY OF THE MEET DIRECTOR TO FIND SUBSTITUTES FOR YOU. CONTACT ANOTHER TEAM TO MAKE SWITCHES AND LET THE MEET DIRECTOR KNOW OF THE CHANGE. YOU ARE ULTIMATLEY RESPONSIBLE FOR ANY ASSIGNMENT LIST.

13. MEET COMMITTEE

By League rules, all meets shall have a committee designated before the beginning of the meet. The meet committee shall consist of

SWOYSL officers in attendance

Meet Director

Meet Referee

One Coach

One swimmer entered in the meet

The committee may become involved in protests and disputes concerning technical matters, matters of eligibility, and other appropriate subjects, but in no case may the meet committee become involved in protests concerning judgment decisions by deck officials.

Springfield Meet Director: Countryside Meet Director: M. E. Lyons Meet Director:

Don Homan Anne Albert John Harnden

 3101 Regent St.
 8226 Keeneland Ct.
 2403 Brickhouse Lane

 Dayton, Ohio 45409
 Maineville, OH 45040
 Fairfield, OH 45014

 937-293-2291
 513-697-0814
 513-583-3563

Springfield Scoring Referee: Countryside Scoring Referee: M. E. Lyons Scoring Referee:

Toby Boedeker Brad Isham Richard Tomkins

14. DEVOTIONS

Devotions have been assigned by the following schedule. Please be sure that your team is prepared with their assignment for their session.

Assignments for:		AM	PM	FINALS
North Sectional	Friday		SPY	
	Saturday	BVCY	AMFY	
	Sunday	BKHY	SID	
South Sectional	Friday		BASH	
	Saturday	GNY	PCY	
	Sunday	DFY	ABLY	
Central Sectional	Friday		MCY	
	Saturday	CFY	GMVY	
	Sunday	MY	KEY	
League	Friday		PCY	
Championships				
	Saturday	ABLY	CY	BASH
	Sunday	GMVY	CFY	KEY

MAKE CHECK PAYABLE TO THE "SOUTHWEST OHIO YMCA SWIM LEAGUE" Send Entries and check to:

North Sectional: Central Sectional: South Sectional: Toby Boedeker Claudia Multer **Richard Tomkins** Beavercreek YMCA Hamilton West YMCA M E Lyons YMCA 2782 Turnkey Ct 560 Grange Hall Rd 1075 Oakmont Avenue Beavercreek, OH 45430 Hamilton, OH 45013 Cincinnati, OH 45244 937-429-3129 513-863-6298 513-232-5060

tboedeker@woh.rr.com claudiam@one.net richardtomkins@fuse.net